

CMPS 5J – Winter 2018

Lab 1

Due: Sunday January 14 @ 11:59pm

Overview

This exercise was pioneered by a U. CO psychology instructor – we use it to get you thinking about your own priorities.

Exercise

Think about the things that are important to you. Perhaps you care about being creative; maybe close family relationships matter a lot to you; perhaps you want to make a contribution to society and count that as most important; or maybe you think it is essential to have a sense of humor. What matters most to you? Pick two or three of these values and write about why they are important to you. Give it serious thought – spend at least 15 minutes.

What to Turn in

Use the text box in Canvas to enter your writing.

Grading Rubric

It is graded submitted/not-submitted. [That means, we will not evaluate what you say, only if you made a sincere effort to do the exercise.]